

MARCH 2008
MONDAY

TUESDAY

DENVER PUBLIC SCHOOLS ELEMENTARY MENU
WEDNESDAY **THURSDAY** **FRIDAY**

BREAKFAST IS FREE TO ALL STUDENTS IN SCHOOLS OFFERING A BREAKFAST PROGRAM

<i>P</i> Breakfast Pizza OR Yogurt Basket	Waffles OR Cheese Quesadilla with Salsa	Breakfast Wrap OR PB&J Uncrustable	Homemade Cinnamon Roll OR Hard Cooked Egg & Toast	Sunshine Breakfast Biscuit OR French Toast Sticks
3 Tacos w/Spanish Rice Orange Chicken Salad w/Muffin ✓ Grilled Cheese Sandwich w/Sun Chips <i>Sweet Corn Strawberry Fruit Cup</i>	4 Hot Ham & Cheese Sandwich Buffalo Chicken Salad w/Dinner Roll ✓ PB&J Uncrustable <i>Fresh Veggie Patch Rosy Applesauce</i>	5 Chicken Baked Steak Strips w/Homestyle Biscuit Chef Salad w/Crackers Bean Burrito w/Green Chili <i>Mashed Potatoes w/Country Gravy Fruit Trio</i>	6 Mini Beef Ravioli w/Dinner Roll Chicken Caesar Salad w/CROUTONS All American Sub <i>Garden Greens Peach Cup</i>	7 Chicken Quesadilla w/Salsa ✓ Yogurt Basket w/Graham Crackers Turkey Ranch Wrap <i>Refried Beans S Kiwi Chocolate Chip Cookie</i>
10 Chicken Fajitas Orange Chicken Salad w/Muffin ✓ Grilled Cheese Sandwich w/Sun Chips <i>Peas Sunny Fruit Salad</i>	11 Meatball Sub Buffalo Chicken Salad w/Dinner Roll ✓ PB&J Uncrustable <i>Mixed Vegetables Icy Fruit Treat</i>	12 Crispy Chicken Strips w/Honey Oatmeal Roll Chef Salad w/Crackers Burrito w/Green Chili <i>Potato Patty S Kiwi</i>	13 Penne Pasta Bake w/Cheesy Bread Stick Chicken Caesar Salad w/CROUTONS All American Sub <i>Green Beans Mixed Fruit Cup</i>	14 <i>P</i> Pizza ✓ Yogurt Basket w/Graham Crackers Ham Ranch Wrap <i>Fresh Veggie Patch Apple w/Caramel Dip</i>
17 Macho Nachos Orange Chicken Salad w/Muffin ✓ Grilled Cheese Sandwich w/Sun Chips <i>Fresh Veggie Patch S Kiwi</i>	18 Sloppy Joe Buffalo Chicken Salad w/Dinner Roll ✓ PB&J Uncrustable <i>Corn on the Cob Mandarin Oranges</i>	19 Chicken Patty Sandwich Chef Salad w/Crackers Burrito w/Green Chili <i>Tater Tots Applesauce Cup</i>	20 Spaghetti Marinara w/Meatballs w/Cheesy Bread Stick Chicken Caesar Salad w/CROUTONS All American Sub <i>Garden Greens Fruited Jell-O</i>	21 ✓ Macaroni & Cheese w/Dinner Roll ✓ Yogurt Basket w/Graham Crackers Turkey Ranch Wrap <i>Steamed Broccoli Orange Smiles</i>

Spring Break
No School
March 24th ~ 28th



Join us for a
StartSmart breakfast
March 3rd ~ 7th
to celebrate

P = Pork Items
V = Vegetarian Items
S = SuperFood



National School Breakfast Week!

31 Breakfast For Lunch Orange Chicken Salad w/Muffin ✓ Grilled Cheese Sandwich w/Sun Chips <i>Potato Patty Rosy Applesauce</i>	For weekly nutrient values, nutrition/Super Foods/ food safety information and links to other informative sites, please visit our website at http://foodservices.dpsk12.org . All DPS menus meet the USDA nutritional guidelines for major nutrients including calories, fat and saturated fat. Menus subject to change.	 The SuperFood of the month is kiwi fruit. Kiwi fruit has as much Vitamin C as an orange! Vitamin C can help heal cuts and keep your body healthy. Learn how to swim, bike and run to complete a triathlon through Seeds for the Future Tri for Success Youth triathlon training and event. Free training, recreation membership, and race entry fee for eligible Denver residents. Contact Donna Meallet at (720)-275-0205 or e-mail seedsforthefuture@comcast.net .
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