

Schlessman Family YMCA

Where We Build Strong Kids, Strong Families, and Strong Communities

**Session Registration Dates:
October 19-November 7**

**Session Dates:
November 2-December 19**



**Schlessman
Family
YMCA**

YMCA SWIM LESSONS

We offer swim lessons for ages
6 months to Adults.

Your child will learn

- **Rescue Skills**
- **Personal Safety**
- **Personal Growth**
- **Stroke Development**
- **Water Sports and Games**

There are two Parent/Child options for 6mon.-4yrs, Level one is an introduction to water. Level two (Seahorse) is for the child who isn't quite ready to be with out a familiar adult.

Pike, Eel, Ray and Starfish are preschool levels for ages 3-5yrs. Pike is the beginner level and Starfish advanced beginner.

Polliwog, Guppy, Minnow and Fish are youth levels for ages 6-14yrs. Polliwog is for the older child just starting. Fish is for those who have a general knowledge and can perform all strokes.

Additional Classes and Programs

- **Adult Classes**
- **Stroke Clinics**
- **Porpoise Club and Swim Team**
- **Water Aerobics**
- **Private and Semi-private Lessons.**

Sessions last 6-7 weeks and are available year round. You will have one of our trained instructors for the entire session.

We offer day, evening and weekend classes, You can come in and register or do it online at www.denverymca.org.

YAQUATICS™

SCHLESSMAN FAMILY YMCA

Dana Wedlick
Aquatic Director
Dani Haller
Aquatics Coordinator
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Pricing for 6 week sessions

Members—\$36.00/session 1xweek

Non-members—\$72.00/session 1xweek

Please do not hesitate to call us with any question
you might have concerning Schlessman YMCA programs. For more information check out our website www.DenverYMCA.org



We build strong kids,
strong families, strong communities.

Youth and Family

Upcoming Schlessman Family YMCA Events and Programs

Halloween Night at the "Y" Friday October 30, 2009 5:30-7:30pm

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 ~ Friends, family, neighbors and kids, come join the lively  
 ~ Halloween festivities this year at your neighborhood,  
 ~ Schlessman YMCA! This is the one time out of the year where  
 ~ dressing like a Jack-o-lantern, ghost, goblin, cartoon character,  
 ~ etc. is welcomed & encouraged. *Halloween at the YMCA* is a  
 ~ FREE event to the community. From 5:30pm-7:30pm it will  
 ~ include many carnival games, Pumpkin Bowling, Ghost  
 ~ BINGO, Ghost toss, a haunted house and ghoulish treats.  
 ~ Following these events is the traditional "Trunk-or-Treat" car  
 ~ decorating activity from 7:30pm-8pm. This safe and fun  
 ~ alternative to trick-or-treating is great for the entire family to  
 ~ enjoy! Trunk-or-Treat is a family activity organized by the  
 ~ YMCA to have community families decorate the trunks of their  
 ~ cars and filling it with candy for the "trunk-or-treaters" to re-  
 ~ ceive. To be a volunteer or for more details on *Halloween at the*  
 ~ *YMCA* contact Youth & Family Director, Stacy Lochowicz at  
 ~ 720.524.2763 or via email at slchowicz@denverymca.org.  
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Get going with new classes for a New season!

With the weather change from summer to fall, Schlessman YMCA is offering the best hands on classes to keep that summer spunk going. Beginning *October 20th thru December 13th* you and your family can explore an array of classes designed to fit any lifestyle.

For the vibrant youth, we offer 4 genres of dance classes ranging from **Ballet** for ages 3-12, **Hip Hop** for ages 5-14, **Kids Dance Fusion** (FREE to YMCA members), & **Rhythmic Gymnastics**. Whatever your child's dance or gymnastic desires may be, our professional instructors are sure to enrich.

For days and times of classes please check out our website
www.denverymca.org or call us at 720-524-2750.

Other Youth and Family Events:

NOVEMBER

Crafty Kids Club
Nov. 3rd-Dec. 8th
(Ages 5-11)

DECEMBER

**Breakfast with
SANTA**
Dec. 12th
8:30am-10:30am
(ALL Ages)

*FREE to the community

and

**SHOP TIL'
YOU DROP**
Dec. 21st, Dec. 22nd
Dec. 23rd
1pm-5pm